

To Cross or Not to Cross: Ethics of Therapeutic Boundaries in Social Work & Psychotherapy A Multi Media Presentation



Tuesday, March 30, 2010 - 9:00 AM - 4:00 PM

**Workshop is sponsored by Family, Youth & Children's Services
Sonoma County Human Services Department**

1747 Copperhill Parkway, Santa Rosa, CA - The Jane Addams Room,

By Ofer Zur, Ph.D.

Director, Zur Institute, LLC, Sebastopol, CA

<http://www.zurinstitute.com>

This 6 CE credit course fulfills the California Law and Ethics requirement for CA LCSWs, psychologists and MFTs. CE credits are also available for nurses.

This is an intermediate-advanced course about the complexities of boundary crossing and dual relationships in social work, psychotherapy and counseling. This unique workshop will incorporate clips from popular movies (e.g., *What About Bob*, *Good Will Hunting*, *Deconstructing Harry*, *Analyze This*, and many more) to highlight expanding contemporary research and literature demonstrating that more flexible therapeutic boundaries can enhance therapeutic alliance and clinical outcome.

The workshop will explore the complexities of therapeutic boundaries, such as self-disclosure, gifts, touch, home visits, dual or multiple relationships, confidentiality, interventions outside the office, e-mails, texting, Internet transparency - Google factor, social networking, and other Internet issues, bartering, multiple clients - multiple loyalties, and much more.

Psychotherapists will learn to:

- Utilize sound, ethical decisions in regard to the implementation of non-sexual, non-exploitative boundary crossings.
- Define and identify boundary crossings and boundary violations and dual relationships.
- Apply interventions based on clinical rationales and knowledge of the law and ethics.
- Design sound clinical records concerning boundary crossings and dual relationships.
- Integrate boundary crossings into their treatment planning.
- Review current, standards of practice in regard to boundaries in therapy.

CE Credits are available for LCSWs, psychologists, MFTs, and nurses. Zur Institute, LLC is an approved continuing education provider by APA, CA-BBS, ASWB, NBCC, CA-BRN, and more. The Zur Institute, LLC is approved by the American Psychological Association to sponsor continuing education for psychologists. The Zur Institute, LLC maintains responsibility for this program and its content.

Ofer Zur, Ph.D. is an ethics and forensic consultant and a psychologist from Sebastopol, CA. He is in private practice in Sonoma, CA and director of the Zur Institute, LLC, which offers over 100 online CE courses at <http://www.zurinstitute.com>. An author of four books and countless articles, Dr. Zur has been a leading advocate in helping mental health professionals to re-examine rigid risk management practices, moving them towards more fluid, practical and effective approaches to therapeutic boundaries.

To register, contact Kay Delaney at 707-565-4342 or delanmb@schsd.org