

# *Creating Positive Change*



National Association of Social Workers Alaska Chapter  
Alaska Counseling Association

## 2008 Annual Conference

October 1 - 3, 2008

William H. Egan Convention & Civic Center  
Anchorage, Alaska

## Conference Information



# Creating Positive Change

The National Association of Social Workers (NASW) is the largest organization of professional social workers in the world, with over 150,000 members nationwide and internationally. Of these, about 500 are members of the Alaska Chapter. It is often overlooked that many of the state's mental health services are provided by social workers. Social workers are also found in hospitals, social service agencies, home health agencies, courts, schools, the military and in private corporations. Social work is a profession that prides itself in standing up for others.

In the fall of each year, the Alaska Chapter hosts its Annual Conference. For the past several years we have had well over 200 participants, and we look forward to an even larger crowd this year. **The 2008 Annual Conference will be held Wednesday - Friday, October 1 - 3 at the William H. Egan Center in downtown Anchorage.** We hope you will join us for this stellar opportunity to network, learn, have fun, and earn continuing education credits.

This year, we are **creating positive change** by partnering with the Alaska Counseling Association to broaden the scope of our training and collaborate with mental health professionals from across the state. We offer workshops addressing the interests of mental and behavioral health workers in a wide variety of practice areas, including addiction, administration and management, aging, children and families, corrections and forensics, employee assistance, health, public and private mental health, substance abuse treatment and prevention, research/policy and school social work.

Registration information can be found at the back of this brochure; register early to receive steep discounts. You can fax your registration to the NASW Chapter office at (907) 332-6270 or mail it to the address below. Forms are downloadable online at <http://www.naswak.org>.

Laverne Demientieff  
NASW 2008 President

Kaya Kade  
AKCA 2008 President



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## National Association of Social Workers Alaska Chapter

401 East Northern Lights Blvd. Suite 205 • Anchorage, Alaska 99503  
907.332.6279 • Fax: 907.332.6270 • Email: [director@naswak.org](mailto:director@naswak.org)  
<http://www.naswak.org>

# Conference Schedule

## Wednesday, October 1

### 7:30 - 8:30 a.m. Registration & Continental Breakfast

### 8:30 - 8:45 a.m. Introduction & Welcome

Mayor Mark Begich and  
NASW & AKCA Presidents

Municipality of Anchorage Mayor Mark Begich, along with NASW President LaVerne Demientieff and AKCA President Kaya Kade, welcome you to this historic collaboration of associations for mental health professionals across Alaska.

### 8:45 - 9:15 a.m. Opening Drumming

.5 Cross Cultural CEUs  
John Raven Mosher M.A., L.M.H.C., T.E.P.

### 9:15 - 11:30 a.m. Natural Healing in the Quartered Circle

2.25 Cross Cultural CEUs  
John Raven Mosher M.A., L.M.H.C., T.E.P.

The Quartered Circle stems from ancient ways of healing and of understanding our own mythologies so that we can create different paths for ourselves. Join keynote speaker John Raven Mosher as we experience change through the Quartered Circle.

### 11:30 a.m. - 1:00 p.m. Celebration Luncheon

We have a lot to celebrate! Enjoy a delicious lunch with your colleagues and friends as we honor our Citizen, Social Worker and Elected Official of the Year award recipients and share with the Alaska Counseling Association the excitement of new beginnings in collaboration and partnership.

### Afternoon Breakout Sessions

### 1:00 - 5:00 p.m. Understanding & Treating OCD and Body Dysmorphic Disorder

4 General CEUs  
Scott M. Granet, LCSW

Once believed to be a rare psychiatric illness, obsessive-compulsive disorder (OCD) is now considered to be the fourth most common form of mental illness. Characterized by tormenting obsessions associated with physical appearance, body dysmorphic disorder is considered to be quite similar to OCD and is recognized as one of the obsessive-compulsive spectrum disorders. This presentation will familiarize attendees with the two diagnoses, review cognitive and behavioral manifestations of each, and thoroughly explore forms of treatment, including medication and cognitive therapy, as well as behavior therapy in the form of exposure and response prevention. Considerations for differential diagnosis, co-morbid disorders, and resources for support will also be addressed.

### 1:00 - 5:00 p.m. Psychodrama as a Tool for Healing

4 Cross Cultural CEUs  
John Raven Mosher M.A., L.M.H.C., T.E.P.

Psychodrama puts into practice the fact that new experiences can add to and repair earlier ones. In a psychodrama clients re-enact real life memories,

experiences and dreams. Group members play roles in the drama and witness it. The therapist, trained as a psychodrama director, facilitates the work in action. By bringing these psychic realities to life, clients have the opportunity to experience them in new ways and to change them.

### 1:00 - 4:00 p.m.

### To Do or Not to Do

3 Ethics CEUs  
Camielle Call, LCSW

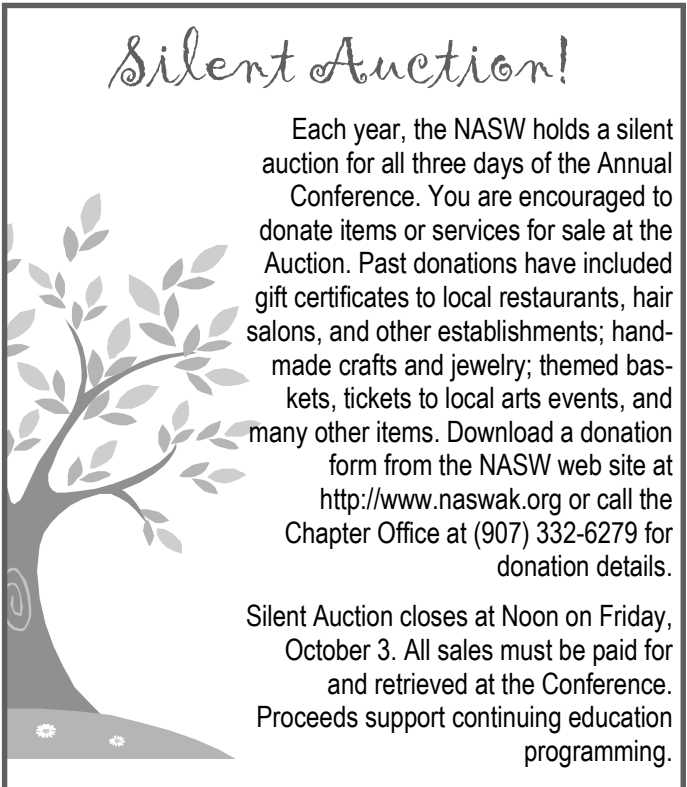
In today's world of accountability, we are all making decisions that could impact both our professional and personal lives. These decisions must be made according to mandated standards, personal value systems, and the best interests of individuals and organizations. With so many dynamics, how do we know we have been successful risk managers? This workshop will help you establish your own safety net of guidelines for effective ethical practice.

### 4:00 - 5:00 p.m.

### Creating Positive Change through Neurofeedback

1 General CEU  
Jeannette Lawson M.ed., BCIA-C, LPC, BCPC

Neurofeedback and Biofeedback have consistently been misunderstood and misapplied in the counseling and medical profession, where its scope of treatment has been limited to incontinence and other more physical issues. This presentation will inform, explain and encourage further exploration of a discipline that has applications for many issues that clients bring to the counseling session.



*Silent Auction!*

Each year, the NASW holds a silent auction for all three days of the Annual Conference. You are encouraged to donate items or services for sale at the Auction. Past donations have included gift certificates to local restaurants, hair salons, and other establishments; handmade crafts and jewelry; themed baskets, tickets to local arts events, and many other items. Download a donation form from the NASW web site at <http://www.naswak.org> or call the Chapter Office at (907) 332-6279 for donation details.

Silent Auction closes at Noon on Friday, October 3. All sales must be paid for and retrieved at the Conference. Proceeds support continuing education programming.

## Thursday, October 2

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**7:30 – 8:30 a.m. Social Action Committee Breakfast  
Election Year Politics: Deciphering the Truth  
Behind the Platforms**  
1.5 General CEUs

Join the NASW Social Action Committee to learn about how you can read between the lines and hold the politicians who serve the public to their word when it comes to issues affecting social work clients and the profession.

**8:30 - 10:00 a.m. Democracy Now**  
1.5 General CEUs  
*Amy Goodman (invited)*

Amy Goodman has the perfect answer when asked who she represents: "Democracy Now." As host of the only national radio/TV news show free of all corporate underwriting, she is able to present a range of independent voices not often heard on the airwaves. "Dissent," she explains, "is what makes this country healthy." Amy Goodman is not the voice of any political party; she answers for all those who are interested in a free media, where all our voices can be heard.

**10:00 a.m. - Noon An Introduction to Developmental  
Pediatric Neuropsychology**  
2 General CEUs  
*Stephen L. Mailloux, PhD*

This presentation will introduce professionals to the philosophy and principles of development in pediatric neuropsychology and provide an overview of the domains typically involved in a comprehensive assessment, the various types of data, the data gathering process, brain-behavior case formulation, risk statements, and recommendations.

**10:00 a.m. – Noon Supporting the Sexual Development of  
Young Children**  
2 Ethics CEUs  
*Katherine L. Huffman, M.A.T.*

Playing doctor? Curious about bodies? What is normal and when should you be concerned? This interactive session will provide an overview of human sexual development birth to age five. Physical, cognitive and social/ emotional development and typical behaviors at these different stages of development will be covered. Participants will learn how to support children's healthy development and sense of self, and how to support parents and caregivers with sex-positive messages and ways to set appropriate limits.

### Morning Breakout Sessions

**10:00 a.m. – Noon Making the Journey Together:  
Social Workers' Response to  
Improving Cancer Care in Alaska**  
2 General CEUs  
*Marie J. Lavigne, LMSW, Panel Moderator*

Everyone knows someone who has been touched by cancer. This year more than 2,500 Alaskans will be newly diagnosed with cancer, now the leading cause of death in Alaska. From the time of diagnosis, to navigating treatment decisions, accessing care and dealing with the long term effects of the disease, cancer survivors and their families benefit from the care, support and guidance social workers offer. This session will feature a panel of social workers involved in improving cancer care in Alaska, highlighting innovations in patient navigation, survivorship support and efforts to expand access to care to meet the needs of Alaskans living with cancer and their families. Join us for a lively conversation about improving the cancer journey in Alaska.

**10:00 a.m. – 5:00 p.m. Supervision & Ethics**  
3 Supervision CEUs (LPCs), 3 Ethics CEUs  
(Must attend entire session)  
*Anne L. Henry, LPC, Heather Phelps, MA and  
Kathy Craft, LPC*

This is a 6-hour course that focuses on ethical supervision and covers a variety of topics, including: the definition of supervision, the benefits of supervision, competencies, supervisory techniques, models and methods, initial meeting with supervisee, contracting and keeping an hours log, the ongoing process and practice, dealing with problematic supervisees, legal issues, common challenges, a sampling of different ethical codes, and references. Ethical issues are interwoven into all of the pieces of this training, so it will count for a three hour ethics course. Attendees will need to attend all 6 hours to get credit for the 3 hours of ethics. It is useful information for supervisors and supervisees. This course meets the LPC requirement for Supervisor Certification.

**Noon – 1:00 p.m. Lunch On Your Own**

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## Got tickets?

If you haven't already bought raffle tickets for the 2008 Scholarship Raffle, contact your local board member. Tickets are \$5 each or 5 for \$20; all proceeds directly benefit student scholarships for MSW, BSW and distance learning students at UAA and UAF. Prizes are seriously fabulous. Contact the Chapter Office for details: (907) 332-6279 or [director@naswak.org](mailto:director@naswak.org).

## Thursday, October 2, Continued

### Afternoon Breakout Sessions

**1:00 - 3:00 p.m. Child's Experience of Loss**  
2 General CEUs  
*Sandra J. Kerns, MEd., MSW, LCSW*  
Participants will learn to recognize three critical components of communicating with children about cancer: connection, comprehension, and care. The presentation will address responsive techniques to three communication coping styles of children: expression, aggression, and withdrawal. Attendees will learn to practice age appropriate therapeutic interventions to facilitate communication with children, including through stories, art, and music.

**3:00 – 5:00 p.m. Positive Change for Children: Building Social Emotional Intelligence and Resilience Skills**  
2 General CEUs  
*Elayne Hunter, LPA, LCSW and  
Chris Cavanaugh, MEd.*  
This workshop will focus on some materials and techniques used to teach children to be "self managers" using social emotional competency and resilience skills. These concepts including social choices, cognitive restructuring and self calming can be taught in both individual treatment and group settings. Come prepared to sing, rap, practice skills and role play.

**1:00 – 2:00 p.m. Positively 100%: Personal Experiences in Wilderness Therapy**  
1 General CEU  
*Nora Tobin, MSCP and Jen Pickett*

For the first time, Alaska Pacific University is offering a graduate wilderness therapy group class during the summer of 2008. This presentation is about the personal experiences of one of the graduate students and the instructor during the class. A video will document the pre- and post-perceptions of wilderness therapy, positive changes and personal insights gleaned from this experience.

**2:00 – 4:00 p.m. Creating Positive Change by Releasing the Charge of Negative Emotions**  
2 AK Native CEUs  
*Marianne Rolland, MSW, PhD*

Positive Change begins with the individual. Stored energy in the body that is connected to negative emotions can be discharged in a safe way and manifests as inward and outward positive change. This presentation will facilitate understanding of the destructive force carried within the human body in the subconscious realm and how to tap that source and create positive change. The objective is to enhance understanding of the role emotions play in the healing process and give practitioners tools to apply this knowledge to their practice.

**4:00 – 5:00 p.m. Successful Aging through the Eyes of Alaska Natives**  
1 AK Native CEU  
*Jordan Lewis, MSW*

Alaska Native elders are critical to the social and cultural values of villages. There is very little research on ethnic minority elders and how they subjectively define a successful older age. This presentation explores the concept of successful aging from an Alaska Native perspective and what it means to age well in rural Alaska.

**1:00 – 4:00 p.m. Addictions in Action: Creating Dramatically Positive Change**  
3 Substance Abuse CEUs  
*Kaya T. Kade, LPC, CDMS, CP, PAT*

This is an experiential presentation that uses psychodramatic techniques to demonstrate a model of addiction. Participants will have the opportunity to address issues that can create and sustain change, as well as those that can lead to relapse - including self-esteem, history of trauma, support systems, and denial. This model can be used to address a variety of addictions and can be used in a group for deepening work or psycho-educational purposes. A simple application that deals directly with denial anywhere in the process of recovery will be also taught. This technique can be used in groups or individual counseling or by those in recovery. *This workshop is approved by the National Association of Alcoholism and Drug Abuse Counselors for CEU's and also for hours towards Psychodrama Certification.*

**4:00 – 5:00 p.m. Using Dreams, Fantasies, and Expressive Art in Psychotherapy: a Jungian approach**  
1 General CEU  
*Elaine Molchanov, LCSW, IAAP and  
Al Collins, PhD*

Jungian psychology emphasizes engagement with the spontaneous communications of the psyche, especially dreams, fantasies, emotionally charged memories, and spiritual experiences. Attention to this level of psychological experience can not only deepen psychotherapy but speed it up and motivate continuation of the work. This presentation will show some of the basics of how we use dreams, charged memories, and other expressions to help the client open to the needs of the deeper psyche. Illustrations from sandplay, published dream records, and cultural artifacts such as movies will be given to make the discussion specific and vivid.

**10:00 a.m. – 5:00 p.m. Supervision & Ethics**  
3 Supervision CEUs (LPCs), 3 Ethics CEUs  
(Must attend entire session)  
*Anne L. Henry, LPC, Heather Phelps, MA and  
Kathy Craft, LPC*

Session from morning continued.

## Friday, October 3

7:30 - 8:30 a.m. **Continental Breakfast**

8:30 – 9:00 a.m. **Taiko Drummers**

Get motivated for the final day of the conference with this toe-tapping, energizing performance! Tomodachi Daiko means "Friends Taiko Drumming." It also speaks to the group's mission to extend friendship and to bring an awareness of global diversity and multi-cultural, traditional arts to their audience.

9:00 – 10:00 a.m. **Keynote: Ethical Practice in Alaska - Complexities, Challenges and Rewards**

1 Ethics CEU  
*Ofer Zur, PhD*

Dr. Zur's approach to consulting emphasizes health and healing rather than pathology and sickness. He coaches, guides, and helps people to find meaning in their lives, search for their vocation or calling, and explore their spiritual paths. In his courses and consultations for the general public, Dr. Zur has focused on issues such as loving relationships, children and television violence, psychology of men and women, chronic illness, the chronically mentally ill and their families, grief, modern technology and the pace of life, psychology of victims, and divorcing with dignity and integrity.

10:00 a.m. – Noon **Collaborative Profession Practice**

2 General CEUs  
*Val Miraglia MS, LPA, RPT/S*

Collaborative Practice is a new way for separating/divorcing families to work as a team with trained professionals (mental health professionals, attorneys, and financial experts) to resolve disputes respectfully without going to court. It is a model that is being used worldwide but is brand new to Anchorage. This presentation is to familiarize mental health practitioners to this new modality (that differs significantly from mediation) as we find ourselves frequently involved with separating and divorcing families as well as custody disputes. It will also provide a forum to discuss opportunities for involvement as child specialists and parent coaches in this process.

10:00 a.m. – Noon **Panel Discussion on the Practice of Sex Therapy**

2 General CEUs  
*Ellen Cole, PhD, Susan LaGrande, PhD, and Chris Reynolds, LPC*

An overview of the process of sex therapy will be presented, with an emphasis placed on discussing interventions that can be used by therapists without specialized training in the field. Participants will learn how to use their existing clinical skills to assist clients who present with issues that are commonly referred to a sex therapist. Specific content will include the PLISSIT model (Permission Giving, Limited Information, Specific Suggestions, and Intensive Therapy), common presenting problems for women, and common presenting problems for men.

Noon – 1:00 p.m. **Lunch on Your Own**

LPC Advisory Board Meeting  
Social Work Advisory Council Meeting

### Morning Breakout Sessions

10:00 a.m. - Noon **Workshop: Boundaries in Psychotherapy: Ethical and Clinical Considerations**

2 Ethics CEUs  
*Ofer Zur, PhD*

Therapeutic boundaries include self-disclosure, touch, bartering, gifts, home-visit, etc. As in the case of dual relationships, there has been a distinct shift in the field of psychotherapy and counseling since the mid 1990s towards more flexible and context-based application of boundaries. Learn how social workers and other mental health professionals can respond to this paradigm shift.

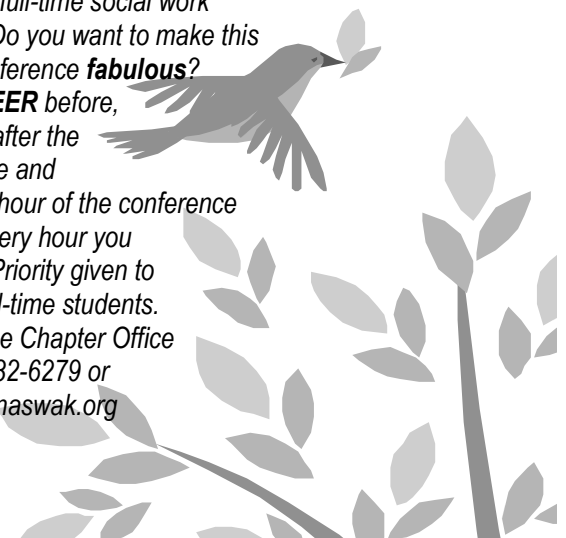
10:00 a.m. – Noon **AK Native Culturally Centered Anger Management Groups**

2 AK Native CEUs  
*Donna Horton, MSW, LCSW*

Participants will discuss at least 5 ways to make anger management culturally appropriate for Alaska Native individuals through learning about current anger management problems in Native communities, traditional ways to teach coping skills, and understanding Native spiritual concepts.

Are you a full-time social work student? Do you want to make this year's conference **fabulous**?

**VOLUNTEER** before, during or after the conference and attend an hour of the conference free for every hour you help out. Priority given to current full-time students. Contact the Chapter Office at (907) 332-6279 or [director@naswak.org](mailto:director@naswak.org) to find out more.



## Friday, October 3, Continued

### Afternoon Breakout Sessions

- 1:00 – 5:00 p.m. Balancing the Unbalanced through Growth & Healing**  
4 General CEUs  
*Katie Fallin LPA, MS and  
Christine Sam LPC, MS*  
Individuals who have a history of chronic trauma and neglect present clinically with extreme emotional reactivity, intrusive traumatic memories and feelings, fragmented self-structure, and an array of maladaptive self-harming behaviors. These individuals are often oriented toward survival, flooded with toxic emotions and feelings of shame, fear, and terror, chronically suicidal, and have difficult and conflicted interpersonal relationships. The evolving Standard of Care in the field of trauma treatment has moved towards a Phase Oriented therapy of Safety & Containment, Trauma Processing, and Integration. Phase One consists of a strong focus on Stabilization and Containment prior to moving into trauma processing. This workshop will focus on Phase One strategies of stabilization and containment.
- 1:00 – 4:00 p.m. PTSD and Abused Women**  
3 Substance Abuse CEUs  
*Nancy Kilgore, MS*  
Battered women who suffer from Post Traumatic Stress Disorder are often misdiagnosed and treated. This class will help participants understand PTSD and its symptoms, especially in women who have suffered rape, domestic violence, and inherent cultural helplessness. Treatment strategies and self care options for abused women will be discussed, as well as information for children with secondary and acute PTSD.
- 4:00 – 5:00 p.m. Group Interventions that Inspire**  
1 AK Native CEU  
*Renee Georg, MS, LPC and  
Whitney M. Whitman MFA, MS*  
This presentation will assist mental health professionals in developing their confidence to facilitate therapeutic groups using the creative process: to find enjoyment in group work, find comfort in spontaneity, and learn skills that help the group to become self-directed. An important component to facilitating groups is giving clients permission to express themselves candidly and authentically. We will discuss ways of creating safe space and interventions for encouraging the group process. The expressive arts can be utilized in group modalities by professionals of all backgrounds and in various mental health settings. Special notice will be taken in addressing AK Native specific group interventions and the ethics involved in using creative modalities in group settings.
- 1:00 – 3:00 p.m. Clinical Applications of the Adult Attachment Interview in Rural Alaska**  
2 AK Native CEUs  
*Robin Grace, LCSW*  
This presentation will review Attachment Theory beginning with John Bowlby through his contemporaries. Participants will look at how working within this knowledge base - recognizing the correlations of parent state of attachment with the development of security categories in the child - empowers our ability to effect positive change in clinical work. We will look at the creative use of the clinician in the small rural community, to expand the populations understanding of relational conflict based in early childhood as well as attachment needs which persist throughout the life cycle.
- 3:00 – 5:00 p.m. Cultural Restoration: Respect for Elders to Lessen Elder Mistreatment**  
2 AK Native CEUs  
*Kanaqlak (George P. Charles) - Yup'ik, PhD  
and Jim LaBelle*  
When we hear about elder abuse, we usually think of a phone scammer defrauding vulnerable elders or a caretaker physically mistreating a bedridden senior. Public health care workers are less likely to hear stories such as these when working with elderly Alaska Native people. This does not suggest that there is an absence of abuse but instead means that Alaska Natives may be reluctant to address the issue. This presentation will address positive solutions to respecting elders in Alaska Native communities.
- 1:00 – 4:00 p.m. Positive Psychology**  
2 Cross Cultural CEUs  
*Renee Georg, MS, LPC*  
Historically, much work in the helping professions has been problem focused. In recent years, several movements have pointed to the benefits of a strengths based approach. Positive Psychology is an approach to helping that uses the core values and positive beliefs of the individual to promote change and enhance opportunities for happiness. It is based upon cross-cultural research into values and is applicable as a method to enhance the practitioner's understanding of and respect for working within the client's frame of reference. This workshop will introduce participants to the theory and practice of Positive Psychology. Specific attention will be paid to techniques to assist in putting values into action.
- 5:00 p.m. Closing Remarks**  
Don't forget to pick up your Silent Auction items and check to see if you've won the raffle!

# Speaker Biographies

**Camielle Call, LCSW** is the former Chair of the NASW Private Practice Section, having been a founding member since 1996. She served in the Utah Chapter as Vice President, Member-at-Large, PACE Chair, and Conference Chair prior to moving to Alaska in 1999. She is currently licensed in Alaska and Idaho, making her home in Sitka. Camielle regularly provides workshops and consultation on ethics, ethics and private practice, and ethics and business.

**Chris Cavanaugh, MEd** has a Masters in Education from the University of Anchorage. He has worked for the last two years as a classroom counselor in the Kindergarten program in the Creating Successful Futures program. He has a special interest in the Gurian research on strategies for working with boys.

**George Charles, PhD** supervises the administrative functions of the NRC and implements the recommendations from the Joint Advisory Committee. Dr. Charles is research faculty with the University of Alaska Anchorage in the College of Health and Social Welfare. He is a Yup'ik originally from Nelson Island, Alaska and has bilingual fluency in Yup'ik Eskimo and English. He was previously an assistant professor in the Rural Development Program and the Alaska Native Studies Department at the University of Alaska Fairbanks. Inupiat / French-Irish

**Ellen Cole, PhD** is Professor of Psychology and director of the Master of Science in Counseling Psychology (MSCP) program at Alaska Pacific University, immediate past-president of the Alaska Psychological Association, and a Fellow of the American Psychological Association. She was originally trained in sex therapy by Masters & Johnson and is certified as a Sex Therapist Diplomate by the American Association for Sex Educators, Counselors, and Therapists. For 12 years Ellen co-edited the journal *Women & Therapy* and the Haworth Press book program, "Innovations in Feminist Studies." She is the recipient of several awards, including a Distinguished Publication Award and two awards for Jewish scholarship from the Association for Women in Psychology, two Faculty Merit Awards for research from Alaska Pacific University, and a Woman of Achievement award from Anchorage's YWCA. .

**Al Collins, PhD** a clinical psychologist, has published a book and numerous papers on Jungian psychology and emphasizes a Jungian approach in his practice of psychotherapy. His second PhD in Indian studies led to his strong interest in mindfulness and yoga, which he integrates into his work. Al is located in Anchorage.

**Kathy Craft, LPC** founded and was executive director of Family Centered Services of Alaska. She has served the Department of Health & Social Services as Children's Mental Health Coordinator, Executive Director of the Alaska Mental Health Board and the Advisory Board on Alcoholism and Drug Abuse; the Coordinator for the Statewide Suicide Prevention Council; and staff for the Medical Care Advisory Committee.

**Katie Fallin, LPA** graduated from UAA with a master's degree in clinical psychology. She is in private practice with a clinical focus on

treating clients with complex trauma and dissociative disorders in individual and group psychotherapy. She also founded The Anchorage Trauma and Dissociative Disorders Study Group, a component group of the International Society for the Study of Trauma & Dissociative Disorders, for clinicians who want to delve more deeply into the study of trauma disorders and treatment.

**Renee Georg, MS, LPC** obtained her degree from Alaska Pacific University where she is currently a faculty member in the Counseling Psychology and Human Services department. She has been teaching group dynamics to graduate students since 2001. Renee worked in community mental health for 10 years and has specific group experience working with severely emotionally disturbed children and with people diagnosed with PTSD and BPD. She also has experience in private practice and in providing mental health consultation to social service agencies.

**Amy Goodman** is an award-winning American progressive broadcast journalist and author. A 1984 graduate of Harvard University, Goodman is best known as the principal host of Pacifica Radio's *Democracy Now!* program, where she has been described by the Los Angeles Times as "radio's voice of the disenfranchised left." Coverage of the peace and human rights movements — and support of the independent media — are the hallmarks of her work. As an investigative journalist, she has received acclaim for exposés of human rights violations in East Timor and Nigeria.

**Robin Grace, LCSW** holds an MSW from New York University. She maintained a private practice specializing in work with artists and couples and has been living in Haines, Alaska since 2003, where she is program director at Lynn Canal Counseling Services and has a private practice. Her interest in the work of Attachment Theory and particularly the AAI has developed in an effort to provide mental health services to a highly traumatized population whose past histories include abuse and abandonment.

**Scott M. Granet, LCSW** has been practicing adolescent and adult psychotherapy for over 25 years since receiving his Masters degree at New York University. Mr. Granet has taught continuing education classes for the University of Chicago School of Social Service Administration, the University of California at Berkeley Extension, JFK University, Alliant International University, the University of Arizona Extended University, Santa Clara University, Professional Psych Seminars, MEDS-PDN, Inc., Cal State University at Northridge, the Family Service Agency of the Central Coast, the Bryn Mawr School of Social Work and Social Research, Commonwealth Seminars in Massachusetts, the Chesapeake Health Education Program in Maryland, and the California Society for Clinical Social Work. In addition to his clinical work, Mr. Granet is co-founder and president of the Obsessive-Compulsive Foundation of the San Francisco Bay Area, a non-profit corporation dedicated to providing support to people affected by the obsessive-compulsive spectrum disorders. Mr. Granet is a clinical social worker with the Palo Alto Medical Foundation and has a private practice in San Mateo, CA.



# Speaker Biographies

**Anne L. Henry, LPC** is a licensed professional counselor, is CDII certified, and is NBCCH certified for hypnotherapy. She is past chair of the LPC State Licensing board for 8 years, has worked in treatment agencies and for the State as Special Projects Coordinator and Legislative Liaison and currently does consulting and private practice in Anchorage.

**Donna Horton, MSW, LCSW** has provided 15 years of family preservation and outreach services for multicultural families and has taught and trained on anger management techniques. She served as professional trainer with Minority Trainers in Cincinnati, Ohio for 3 years. Donna has been trained and educated on culturally appropriate treatment and shamanism.

**Katherine Huffman, MAT** has served as Education Trainer and Advisor for Planned Parenthood of Alaska since 2005, where she advises strategic direction of the education department and delivers professional trainings in the community.

**Elayne Hunter, LPA, LCSW** has master's degrees in Psychology (Central Michigan University) and Social Work (Springfield College) and is a Certified Guidance Counselor (Keene State College) in the field of Education. She has worked with children and their families for 30 years in mental health settings in Kodiak and Anchorage and has a private practice in Anchorage. For the last 8 years she has worked for the Anchorage School District teaching social emotional skills in the Creating Successful Futures program and for the last 3 years as the part time counselor for College Gate Elementary School. Creating Successful Futures is an 8 week program for k-3 students who are not severely emotionally impaired but are having behavioral problems in school.

**Kaya Kade, LPC, CDMS, CP, PAT** is the only certified psychodrama trainer in Alaska and has a wide range of experiences leading to an eclectic approach. She creates diverse trainings that provide opportunities for all people involved. Kaya ran a psychodrama group at a residential substance abuse program in Fairbanks and has traveled in northern Alaskan villages providing counseling and vocational rehabilitation to Deaf and hard of hearing individuals.

**Sandra Kerns, Med, MSW, LCSW** has been working in the field of social work and education for 22 years. Her area of expertise is child/family grief and loss, in particular chronic and terminal illness.

**Nancy Kilgore, MS** Nancy is a consultant for the United States Department of Justice Office for Victims of Crime. She received her master's degree from the University of Oregon and her teaching credentials from Sacramento State University.

**Jim LaBelle** is management consultant to Native American Management Services, Inc. providing classroom instruction and technical assistance to Alaska Native Tribes. Jim has worked in the oil industry, state government, regional Native corporations and tribal administrations, and has served on the boards of the Alaska Federation of Natives, Victims for Justice, Regional Citizens Advisory Council, the Association for Stranded Rural Alaskans in Anchorage, the Governor's Board of Forestry, Bridge Builders and AFN Wellness Council (Chairman). Jim holds a BA in History from Alaska Methodist Univer-

sity (now APU) and is currently working on a Master of Arts degree in Rural Development.

**Susan LaGrande, PhD** is a clinical psychologist in private practice and works with individuals, couples, kids, and families. Recently she was certified as a Sex Therapist by the American Association for Sex Educators, Counselors and Therapists.

**Marie Lavigne, LMSW** serves as the Cancer Partnership Program Coordinator for the National Cancer Institute's Cancer Information Service – Northwest Region in the Cancer Program at the Alaska Native Tribal Health Consortium. A licensed social worker, she brings more than 15 years leadership experience overseeing state and regional non-profits committed to improving the community's health and well-being. Involved in Alaska's Comprehensive Cancer Control efforts since 2004, as the NCI-CIS representative. She serves on the Steering Committee for both the ANTHC and the State of Alaska Comprehensive Cancer Control Partnerships.

**Jeannette Lawson, MEd, BCIA-C, LPC, BCPC** began working in biofeedback in the early 1980s. She has been an officer in a number of professional biofeedback organizations and has been certified by the Biofeedback Certification Institute of America since 1984, where she is a senior fellow. Jeannette has practiced in both the medical field as well as psychological arenas working with disorders as varied as Incontinence, Diabetes, ADHD, Anxiety, Eating Disorders, Autism, Depression, Dysthymia, TBI, memory impairment, chronic pain, stroke, and peak performance.

**Jordan Lewis, MSW** received his BSW from the University of Alaska Fairbanks (UAF) and his MSW from Washington University in St. Louis, where he focused his degree in Gerontology and American Indian policy. Most of his career and research has focused on tribal communities and the unique situations these communities face because of their rural nature. Jordan's research focuses on working with the elderly population in Alaska.

**Stephen Mailloux, PhD** holds an MS from UAA in Clinical Psychology, a PhD in Counseling Psychology from Indiana State University and a post doctoral fellowship in pediatric neuropsychology from Children's Hospital Boston-Harvard Medical School.

**Val Miraglia, MS, LPA, RPT/S** is a master's level therapist, an LPA, as well as a Registered Play Therapist/Supervisor. She has been practicing in Anchorage for the last 15 years and has been in private practice for 12 years. Val is one of the cofounders of the Alaska Association for Play Therapy, where she currently serves as treasurer, webmaster, and one of the conference planners for a yearly statewide conference on play therapy. She specializes in treating children involved in divorce/separations. She is also one of the founding members of the Alaska Association of Collaborative Professionals.

**Elaine Molchanov, LCSW, IAAP** is an internationally certified Jungian psychoanalyst and member of the North Pacific Institute of Analytical Psychology, Seattle. She teaches in the analyst training program and in programs for mental health professionals studying

# Speaker Biographies

Jungian psychology. She practices in Anchorage.

**John Raven Mosher MA, LMHC, TEP** has been the main trainer of psychodrama in the Seattle, WA area for over 15 years.

**Heather Phelps, MA** holds a MA from APU and is working at McLaughlin Youth Center where she is a supervisor of other staff. She has extensive knowledge of supervision techniques/models.

**Jen Pickett** is a second year graduate student in Counseling Psychology at Alaska Pacific University. Prior to graduate school, Jen commercially fished by herself in Prince William Sound.

**Chris Reynolds, LPC** is a Licensed Professional Counselor in private practice in Anchorage. His professional memberships include the American Counseling Association (ACA), the American Association of Sexuality Educators, Counselors, and Therapists (AASECT), and the Society for Sex Therapy and Research (SSTAR). He is a past president of the Alaska Counseling Association and the current section leader representing Alaska within AASECT.

**Marianne Rolland MSW, PhD** holds advanced degrees from the University of Washington School of Social Work and is a long time student of Indigenous healing practices & ceremonies. Marianne lived and worked in village Alaska for 24 years where she started and administered numerous community based programs. She is a former faculty member with the University of Alaska Anchorage School of Social Work and is the Director of the White Raven Center which offers mental, emotional & spiritual healing services.

**Christine Sam, LPC, MS** graduated with a MS in Counseling Psychology from Alaska Pacific University. She has spent much of her professional life working with individuals across the developmental spectrum from a variety of cultures, all of whom have been impacted by trauma including childhood abuse and neglect, sexual violence, domestic violence, as well as survivors of political persecution and wars. Ms. Sam is a member of the Anchorage Trauma and Dissociative Disorders Study Group. She currently has a private practice where she treats patients with histories of complex trauma.

**Nora Tobin, MSCP** received her MSCP from Alaska Pacific University in 1999. She has taught classes in the Counseling Psychology Department at APU for over six years. Prior to receiving her degree from APU, Nora was a wilderness therapy instructor for two years in Utah. She teaches a travel class at APU entitled *Psychotherapeutic Uses of the Wilderness*.

**Whitney M. Whitman MFA, MS** holds a degree in Interdisciplinary Art from Goddard College and a degree in Counseling Psychology from Alaska Pacific University. She taught in the progressive education schools of NYC using multidisciplinary approaches with at-risk youth. Upon moving to AK in 2002, Whitney began working solely in treatment environments and has been employed at Providence Alaska Medical Center working with families in crisis.

**Ofer Zur, PhD** is a consultant, licensed psychologist, writer, forensic consultant and lecturer from Sonoma, CA. He is a pioneer in the

development of the ethical and effective managed-care-free psychotherapy practice and is a prolific writer and researcher. Dr. Zur taught for many years at several Bay Area, CA graduate schools and has trained thousands of psychotherapists in his seminars, lectures and private consultations on Ethics with Soul, Therapeutic Boundaries, HIPAA, Dual Relationships, Standard of Care, Domestic Violence, Speed and Technology, Victims, and many more topics. He co-edited the landmark book, *Dual Relationships and Psychotherapy*, authored the *HIPAA Compliance Kit* and *The Complete Fee-for-Service Private Practice Handbook* and has published dozens of cutting-edge and widely cited articles and book chapters on therapeutic ethics, standard of care, boundaries and dual relationships. His latest book, *Boundaries In Psychotherapy*, was published in 2007 by APA Books. Dr. Zur is the director of the Zur Institute. He is one of the most prominent consultants and forensic experts in the area of therapeutic boundaries.

Dr. Zur's approach to consulting emphasizes health and healing rather than pathology and sickness. He coaches, guides, and helps people to find meaning in their lives, search for their vocation or calling, and explore their spiritual paths. In his courses and consultations for the general public, Dr. Zur has focused on issues such as loving relationships, children and television violence, psychology of men and women, chronic illness, the chronically mentally ill and their families, grief, modern technology and the pace of life, psychology of victims, and divorcing with dignity and integrity.





National Association of Social Workers

More information online at <http://www.naswak.org>

401 E. Northern Lights Blvd., Suite 205  
Anchorage, Alaska 99503  
907-332-NASW(6279)  
1-800-478-NASW(6279)  
[Director@naswak.org](mailto:Director@naswak.org)

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**2008 Annual Conference**

**October 1 - 3, 2008**

**William H. Egan Convention & Civic Center**

**Anchorage, Alaska**

**Featured Keynotes:**

John Raven Mosher, MA, LMHC, TEP

Amy Goodman, Democracy Now (invited)

Ofer Zur, PhD