

Ethical and Boundary Issues in Clinical Supervision In Psychotherapy, Social Work, and Counseling

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Six (6) C.E. Credits

Los Angeles Department of Mental Health (LADMH) - Los Angeles, CA

Course fulfills the Supervision and Ethics/Law CA requirement for Psychologists,
LCSWs, and MFTs

COURSE DESCRIPTION

This is an intermediate level course, which will address the general definition, history, phases in, and types of supervision in mental health services. It will also address the complexities of boundary crossing, boundary violation and dual relationships in psychotherapy and counseling as these issues relate to the supervision therapist-supervisor-client triangle. The workshop will then discuss how inherent multiple relationships and multiple loyalties are in supervisory relationships. More specifically it will discuss how supervisors may negotiate their multiple commitments to the welfare of the clients, supervisee and the profession.

This unique workshop will incorporate clips from popular movies to highlight different aspects of supervision or mentoring in the discussion of the nature of supervisor-supervisee relationships, phases in supervisees' professional development, and evolution of the supervisory relationships. Video clips will be included from popular movies, such as *The Guardian* and *Star Wars* and the TV series, *In Treatment*.

The course will include lectures, discussion, multi-media presentations, and some small group experiential work

EDUCATIONAL OBJECTIVES

This course will teach psychotherapists to:

- Compare and contrast the various models of supervision
- Identify the main phases of supervisees' professional development
- Stages in the supervisory relationship
- Differentiate between supervision, consultation, and psychotherapy
- Learn how boundaries and multiple relationships as related to supervisory relationships
- Review complexities involved in multiple loyalties in supervisory work
- Review the ethical, ethical decision-making and legal considerations in supervision.

SYLLABUS & SCHEDULE

Morning Session:

- What is supervision

- Boundaries in psychotherapy, social work, and counseling
- Theories and types of supervision
- Supervision models
- Stages in supervision

Afternoon Session:

- Digital boundaries
- Boundaries and multiple relationships as related to supervisory relationships
- Ethics of supervision
- Ethical decision making in therapy and supervision
- Q & A and summary & evaluation, certificates, check out

INSTRUCTOR

Ofer Zur, Ph.D. is a licensed psychologist, author, presenter, and forensic consultant, practicing in Sonoma, CA. He is an APA fellow, Div. 42, and the director of the Zur Institute (<http://www.zurinstitute.com>), which offers over 120 online courses (including four supervision courses) and is one of the most extensive online CE programs for psychologists, counselors, LPC, social workers, MFTs and nurses. His teaching, consulting with therapists, and writing focuses on private practice outside of managed care, ethics, standard of care, boundaries, dual relationships, supervision, and Internet addiction. His books include *Dual Relationships and Psychotherapy* (Springer, 2002, co-edited with A. Lazarus), *HIPPA Friendly* (Norton, 2005), *Private Practice Handbook*, (ZI, 2007), and *Boundaries in Psychotherapy* (APA Books, 2007). CV: <http://www.zurinstitute.com/cvita.html>