

Digital Ethics and Social Networking in Psychotherapy and Counseling:

Exploring the inevitable complexities of clients Googling therapists, therapists Googling clients, use of e-mail and texting in therapy, clients "Friend Requests" on Facebook, texting with clients, and much more.

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CV: <http://www.zurinstitute.com/cvita.html>

Date & Time: Tuesday, April 12, 2011, 11 AM to 12:30 PM

Venue:

Grand Rounds presentation sponsored by Psychiatry Dept. at Kaiser Permanente, Santa Rosa, CA. 1.5 CE Credits by KP.

Information: For more information, contact Dr. Veronica DeCicco at 707 571-3705.

Description of Session:

This presentation will review cutting edge clinical and ethical complexities that clinicians face in the 21st century. It will review how the Internet and computers has affected the way therapists and clients interact and get informed about each other. It will cover issues, such as online transparency, emails and texting between therapists and clients, clients Googling therapists, therapists Googling clients, and how to respond to clients "Friend requests" on Facebook. It will also review the evolving standard of care issues and provide guidelines for Office Policies, Informed Consent and ethical ways for record keeping of e-mails, texts and social networking communications. The course will also explore the digital divide between older therapists (aka Digital Immigrants) and younger clients (aka Digital Natives) as well as between older and younger therapists and parents and children.

Outline:

- Psychology of the Web and the Digital Divide
- Effect of modern technologies on psychotherapy and counseling
- Online transparency – Clients Googling therapists
- Therapists Googling clients
- Use of e-mail in psychotherapy
- Use of texting in psychotherapy
- Clients who text during sessions
- Record keeping of e-mail and texts
- Standard of care and digital ethics
- Social networking and psychotherapy

Goals & Objectives:

- Help psychologists understand the basic elements of digital ethics
- Teach psychologists to deal with ever increasing online transparencies
- Review the impact of technology on psychotherapy
- Identify ways to ethically respond to clients Friend Requests on social networking sites

References/ Resources:

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Zur, O. (2010b). Record-Keeping of Phone Messages, Email and Texts in Psychotherapy & Counseling. Online Publication - Zur Institute. Retrieved on August 15, 2010 from http://www.zurinstitute.com/digital_records.html.

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